

NOAH Jaguars 2010 Schedule

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
	Parent Meeting 7PM Springs of Grace	Off Season Conditioning 4:00-5:30		Off Season Conditioning 4:00-5:30		
28	29	30	31			
	Hog Practice Springs of Grace 4:30pm	Off Season Conditioning 4:00-5:30				

Off season conditioning-speed, agility, & coretraining is for all NOAH athletes. *Springs of Grace Bible Church*

Monday Hog Practices are for High School and JrHigh Offensive & Defense Linemen *Springs of Grace Bible Church*

April 2010

				1	2	3
				Off Season Conditioning 4:00-5:30		
4	5	6	7	8	9	10
	Hog Practice Springs of Grace 4:30pm	Off Season Conditioning 4:00-5:30		Off Season Conditioning 4:00-5:30		
11	12	13	14	15	16	17
	Hog Practice Springs of Grace 4:30pm	Off Season Conditioning 4:00-5:30		Off Season Conditioning 4:00-5:30		
18	19	20	21	22	23	24
		Off Season Conditioning 4:00-5:30		Off Season Conditioning 4:00-5:30		
25	26	27	28	29	30	
		NOAH Mini Camp 4-6pm		NOAH Mini Camp 4-6pm Varsity Equipment Check-Out 6pm		

April 25 & 26 Mimi Camp is for High School and Jr. High Football Players. Cost is covered in player fees

Spring Practices begin May 3rd and are for High School only. Stretching begins at 3:45 at the Jag Field-129th between 81st & 91st St.

May 2010

						1
2	3	4	5	6	7	8
	Spring Practice 4:00-6:00pm	Spring Practice 4:00- 6:00pm		Spring Practice 4:00-6:00pm	Spring Practice 4:00-6:00pm	
9	10	11	12	13	14	15
	Spring Practice 4:00-6:00pm	Spring Practice 4:00- 6:00pm		Spring Practice 4:00-6:00pm		
16	17	18	19	20	21	22
	Hog Practice 4:00-5:00				Spring Practice 4:00-6:00pm	
23	24	25	26	27	28	29
	Spring Practice 4:00-6:00pm	Spring Practice 4:00- 6:00pm		Spring Practice 4:00-6:00pm		
30	31					

June 2010

		1	2	3	4	5
		NOAH TEAM CAMP Preparation			Sapulpa Team Camp	Sapulpa Team Camp
6	7	8	9	10	11	12
	TU Team Camp	TU Team Camp	TU Team Camp			
13	14	15	16	17	18	19
	Hog Practice Springs of Grace 4:30pm	Passing League		Passing League		
20	21	22	23	24	25	26
	Hog Practice Springs of Grace 4:30pm	Passing League		Passing League		
27	28	29	30			

NOAH and TU Team Camps are for High School Only
Registration will occur at Practice.

Project 61 Sports Camp at Springs of Grace Bible Church will be held June 28th-July 2nd.

July 2010

			1	2	3
4	5	6	7	8	9
		Passing League		Passing League	
11	12	13	14	15	16
	NOAH Team Camp	NOAH Team Camp		NOAH Team Camp	NOAH Team Camp
18	19	20	21	22	23
	Hog Practice Springs of Grace 4:30pm				NOAH Skills Camp
25	26	27	28	29	30
	NO ORGANIZED JAGS FOOTBALL ACTIVITIES THIS WEEK				31

NOAH Team Camp early session for 1st-8th graders
4:00-6:00 pm session for HS Players

NOAH Skills Camp - optional

August 2010

1	2	3	4	5	6	7
		Equipment Check-out Physicals Parent Planning Meeting		Practice Begins-Shorts & cleats		
8	9	10	11	12	13	14
	Practice-Full Pads					Blue/White Scrimmage NOAH JAGS FAMILY PICNIC
15	16	17	18	19	20	21
					First Scrimmage	
22	23	24	25	26	27	28
		Scrimmage Cascia Hall			Second Scrimmage	
29	30	31				

Practice Begins!
August 5th
High School and JrHigh

High School practices 5 days a week M-F

Jr High practices 4 days a week. M,T,Th,F

September 2010

			1	2	3	4
	Labor Day				NOAH @ Rogers	
5	6	7	8	9	10	11
	Holland Hall				NOAH @ Metro	
12	13	14	15	16	17	18
	Chelsea JH and JV				Stilwell @ NOAH	
19	20	21	22	23	24	25
		Holland Hall JH			Desoto, TX @ NOAH	
26	27	28	29	30		

October 2010

					1	2
					NOAH @ Heritage Hall	
3	4	5	6	7	8	9
	Sapulpa JV	Ft. Gibson JH			NOAH @ Bethany High School	
10	11	12	13	14	15	16
	Metro JH and JV				NOAH @ Newcastle	
17	18	19	20	21	22	23
	Liberty Mounds JH and JV				Dallas HSAA @ NOAH	
24	25	26	27	28	29	30
	Cascia Hall	Okay JH		NOAH @ Union JV		
31						

November 2010

	1	2	3	4	5	6
					NOAH @ Chelsea	
7	8	9	10	11	12	13
					NHFCS Semi-final	
14	15	16	17	18	19	20
					NHFCS FINALS	
21	22	23	24	25	26	27
				Thanksgiving		
28	29	30				

Noah Banquet will be held during the 1st week of December